



HARVEST

M A R K E T

HEALTHY FOOD
IS OUR FOUNDATION

ROOM SERVICE MENU

To place your order, please call
extension 4260

Please allow 45 minutes
for your meal to be delivered.

All menu items available
6:30 am to 6:30 pm.

Guests are encouraged
to order a meal as well.

Room Service guest trays include an
entrée, side, dessert and beverage for
just \$5. Cash, credit and checks
are accepted upon meal delivery.

UWHealthPartners

Watertown Regional
Medical Center

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Hand-picked Fruit

apple | orange | banana | seasonal fruit

Hot Cereal

Irish Steel Cut Oats, Cream of
Wheat, Cream of Rice
or Baked Oatmeal

With organic brown sugar, raisins, walnuts

Cold Cereals

Cheerios, Corn Flakes, Kashi, Raisin
Bran, Rice Krispies or Harvest Granola

Eggs

For all egg selections, choose from the following:
regular | egg whites

Eggs Made to Order

over easy | boiled | fried | poached | scrambled

Ham and Spinach Scramble

Eggs "Benedict"

Two poached eggs with chicken sausage,
English muffin and lemon parsnip sauce

Omelets

Steamed Mushroom, Spinach
and Goat Cheese

Grilled Chicken
and Roasted Red Pepper

With provolone

Ham and Cheddar

Griddle

Your choice of orange raspberry compote, Dickinson
Jams, fruit and Wisconsin 100% maple syrup

Whole Grain Belgian Waffle

Harvest Pancakes

French Toast

Brioche in maple pecan batter

Morning Sides

Sugar River Dairy Yogurt

raspberry | peach | strawberry | blueberry | vanilla
Greek-style | plain

Toast

multigrain | rye | honey wheat | white | sourdough

Cherrywood Bacon

House-made Chicken Sausage Patties

Red Angus Sirloin Steak

With roasted pearl onions

Yukon Potato & Kale Hash Browns

Bakery

Carrot Ginger Scone

Cranberry Spice Tea Cookie

English Muffin

Pistachio Pound Cake

Low-Fat Cinnamon Roll

Whole Grain Banana Bread

Whole Wheat Cherry Almond Muffin



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Salad

Tenderloin Steak

With bleu cheese, walnuts, cherries and balsamic

Portabello Mushroom

With warm fig, asparagus and olives

Grilled Chicken Ceasar

With croutons and parmesan

Grilled Pear and Roquefort

With endive and toasted walnuts

Greens

spinach | red leaf lettuce | romaine | iceberg

Dressings

balsamic vinaigrette | peanut ginger | lemon basil
mustard shallot vinaigrette | garlic scallion crème
horseradish crème | eggless ceasar |
parmesan peppercorn

Soups

Heirloom Tomato Bisque

Roasted Chicken Noodle and Sage

Soup de Jour

Broth

vegetable | chicken | beef

Starters

Crab Cakes

With remoulade and mache salad with citrus vinaigrette

Steamed Littleneck Clams and Mussels

With roasted fennel and tomato broth

Avocado-Corn Chowder

With grilled chicken

Specialty Sandwiches

Pulled Chicken Baguette

With tomato and arugula salad

Shredded Chicken Pita

With cucumber slaw, feta, tomatoes and yogurt sauce

Roast Beef Baguette

With horseradish crème, arugula and candied shallots

Portabello Wrap

With pesto, goat cheese, roasted red pepper and spinach

Build Your Own Sandwich

Bread

multigrain | rye | honey wheat | sourdough
white | baguette

Meats

turkey | ham | roast beef | free range organic chicken
pulled chicken salad with yogurt, peas, pecans and
cherries | apple, celery and tuna salad

Add

low sodium provolone | low sodium swiss | havarti
aged cheddar | avocado | bacon | tomato | greens |
peppers | pickle | onion

Cold Sides

Zucchini and Almond Orzo Salad

Cottage Cheese and Peaches

Roasted Cauliflower and Endive Salad

With red beans

Harvest Potato Salad

Fresh Vegetables with Ranch

String Cheese

Mango Slaw with Cashews and Mint



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MARKET

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Build an Entree

Protein

Zesty Mediterranean Salmon

Baked Cod

With white wine mustard sauce

Portabello Mushroom

Oven Roasted Chicken

Pork Tenderloin

With julienne vegetables

4 oz. Sirloin

With stone ground mustard bordelaise

Side

Barley Lentil Pilaf

Vegetarian Risotto

Roasted Potato Trio

Garlic Basil Spaghetti

Rice Pilaf

Whipped Potatoes

Vegetable

Grilled Asparagus

Oven Roasted Cauliflower

Wild Mushrooms and Thyme

Glazed Carrots

Sautéed Green Beans

Roasted Beets

Just like Home

Homemade Vegetable Pizza

Hunter's Beef Stew

Over egg noodles

Meatball Marinara and Spaghetti

Stuffed Baked Potato

With sour cream, chives, cheddar, and bacon

Desserts

Apricot Anise Tart

Citron (Lemon) Tart

Grapefruit Sabayon and Berries

Crème Brule

Homemade Butterscotch Pudding

Lemon Angel Food Cake

Fresh Fruit Popsicles

La Coppa Gelato and Sorbet

pistachio | grapefruit | raspberry | chocolate

Jello, Pudding, Tapioca

Beverages

Milk

skim | 2% | chocolate (1%) | Lactaid | soy | almond

Juice

orange | apple | cranberry | grape | prune

Flavored Iced Tea (unsweetened)

cherry berry black | green tea with lemon

mango peach rooibos

Vitality Infused Water

House Made Yogurt Smoothies

raspberry orange | peach mango banana

spa cucumber | watermelon

Boom Brothers Coffee

regular | decaf

Four Elements Healing Tea (hot)

Hot Chocolate



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